



# Cataraqui - Inverary Cruise Loop

## FRONTENAC ARCH BIOSPHERE CYCLING TRAIL GUIDE

### ROUTE

North of Kingston, the limestone plains of the west flanks of the Frontenac Arch become rolling hills because of the uplift of the Arch, eons ago. It makes for a pleasant rural countryside of farms and woodlots, pastures and wetlands. This loop starts at the Little Cataraqui Creek Centre of the Cataraqui Region Conservation Authority, just north of Hwy. 401 on Division St./County Rd. 10. Plan either coming or going to visit the nature exhibits in the Centre, where there are washrooms.

Out the service road, turn left/north onto County Rd. 10. Less than 2 km, turn left/west on Burbrook Rd., and across forest and field to turn right/north on Cordukes Rd. At a T-stop with Unity Rd., turn right/east, past a large solar farm on the left, and to the intersection of County Rd. 9 / Sydenham Rd. at Elginburg. Ride north on Cty. Rd. 9 and in about 2 km turn off to the right on Latimer Rd.. Latimer Rd. first wanders northeast across forest edge and farmland, then straight jogs north then east heading towards the village of Inverary.

### KEY FACTS

Distance: 45 km

Difficulty: Flat to gently rolling hills

Other key facts: All paved roads

### ROUTE CONT.

On the east-bound leg, the Inverary golf course will be on the south side, where is a restaurant and washrooms. At Inverary, keep on Latimer Rd., crossing County Rd. 10 to Round Lake Rd., which turns south to intersect Moreland-Dixon Rd./S. Frontenac Rd. 12. Turn left, riding east with a glimpse of the top of Collins Lake, and wend the way to the village of Sunbury, and County Rd. 11 / Battersea Rd. Turn right/south on County Rd. 11 - which becomes Montreal St. in Kingston. Just after the Fairmount home and the County of Frontenac offices, there's a long downhill glide - but an equal uphill grind.

Before getting to Hwy. 401, turn right/west on McAdoo's Lane, and ride past the wrecking yard where cars are brought for parts and scrap, and at the stop, turn right/north on County Rd. 10. In about 2 km, down the steep hill, is the place you started at the Little Cataraqui Creek Centre.



This project has been made possible by the generous support of our partners.



The Frontenac Arch Biosphere belongs to the world network of UNESCO Biosphere Reserves. The Frontenac Arch Biosphere Network's mission is to encourage people to work together toward a sustainable community. Enough for all, for all time.

[frontenacarchbiosphere.ca](http://frontenacarchbiosphere.ca)

[fabexperiences.ca](http://fabexperiences.ca)

**Frontenac Arch Biosphere**





# Cataraqui - Inverary Cruise Loop

## FRONTENAC ARCH BIOSPHERE CYCLING TRAIL GUIDE

### NOTES AND CAUTIONS

**Start Location:** At the parking area at the Little Cat of the Cataraqui Region Conservation Area

**Terrain:** Rolling hills, but lots of flat terrain.

**Distance:** 45 km

**Bike Suitability:** Paved road suitable for road, touring, hybrid or bikes with suitable tires.

**Notes:** Be aware of following and converging traffic on busy Bath Rd. Time your rides to fit the ferry schedule.



Photo Credit: Iverary Golf and Country Club



This project has been made possible by the generous support of our partners.



The Frontenac Arch Biosphere belongs to the world network of UNESCO Biosphere Reserves. The Frontenac Arch Biosphere Network's mission is to encourage people to work together toward a sustainable community. Enough for all, for all time.

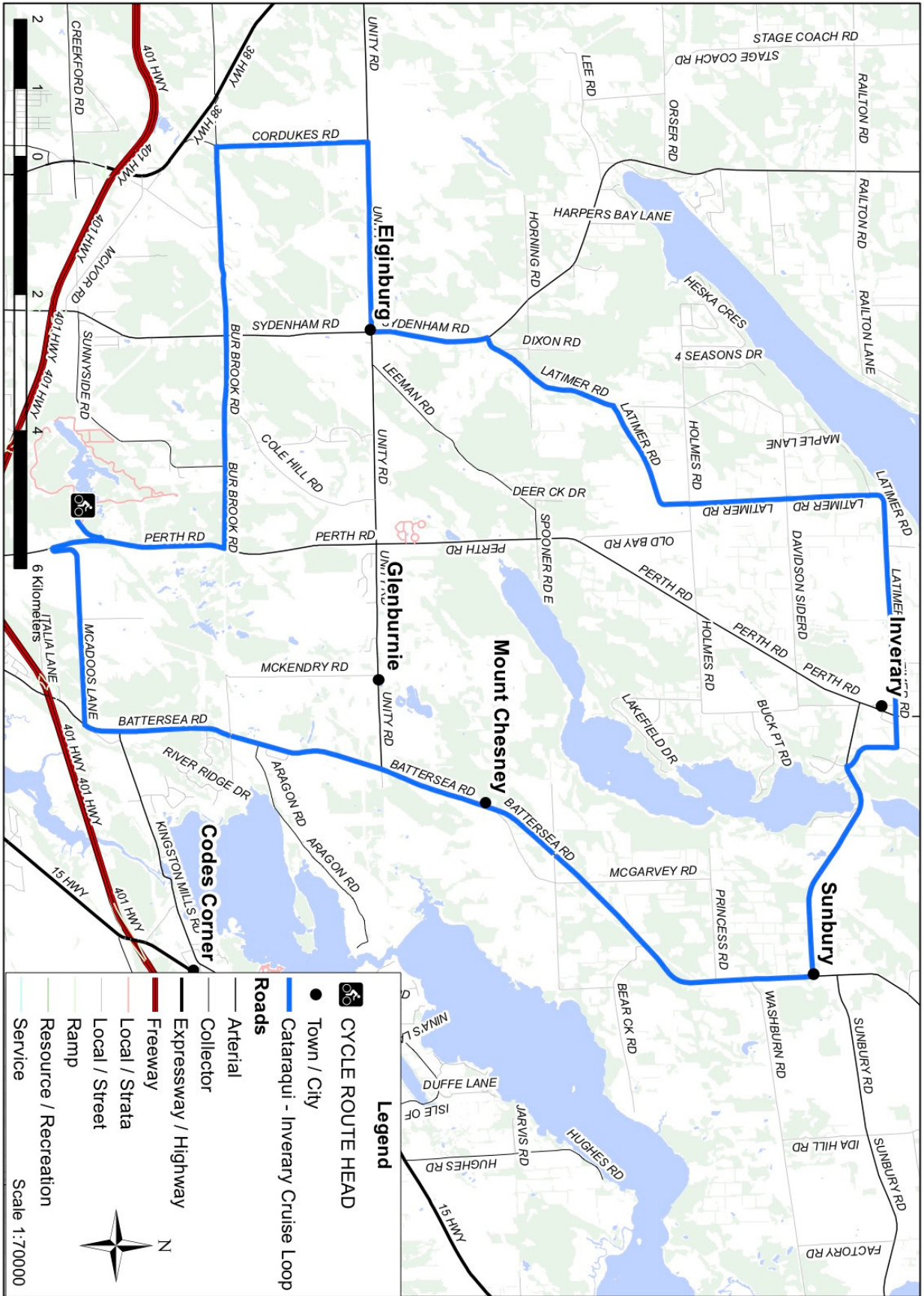
[frontenacarchbiosphere.ca](http://frontenacarchbiosphere.ca)

[fabexperiences.ca](http://fabexperiences.ca)

**Frontenac Arch Biosphere**



# FRONTENAC ARCH BIOSPHERE CYCLING TRAIL GUIDE



*Take nothing but pictures, leave nothing but footprints*