



Circle the City - Lemoine Point – K&P Ramble

FRONTENAC ARCH BIOSPHERE CYCLING TRAIL GUIDE

ROUTE

This route skirts the west edge of Kingston, and north into rolling rural countryside. It brings you back into the city on the old K&P railbed that is now a recreational walking and cycling route, and then over city streets to return to the starting point at Lemoine Point Conservation Area.

Start at the Lemoine Point Conservation Area north parking area. Drive into this west off Bayridge Drive to Coverdale drive, past rows of sailboats at Collins Bay marina and at the end of Coverdale Dr., left onto the service road into the conservation area.

KEY FACTS

Distance

Difficulty: Rolling hills

Other key facts: Mostly paved and fine gravel



ROUTE CONT.

On this ride, reverse your drive into the conservation area, back out to Bay Ridge Dr., and turn north. At Hudson Drive, turn left/west and north on to Mona Drive. Follow Mona Dr. to Humberside Drive, and turn west, to Collins Bay Rd., which has marked cycling lanes. Turn north on Collins Bay Rd., and then west on to Woodbine Rd. Follow Woodbine to Westbrook Rd.



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ROUTE CONT.

At Westbrook Rd., turn north and across 401. About 800 metres north of 401, Westbrook makes a jog east at Drake Rd., then turns north again through farmland and past solar farms, to end at Unity Road. At Unity Rd., turn east and along a short distance to cross Hwy. 38.

Unity Road intersects the K&P line about 2 KM. east of Hwy. 38. Turn right/south onto the K&P Trail. The trail will go through a broad tunnel under 401 Highway, and turn east. At Sydenham Rd., leave the K&P Trail, turning south on Sydenham Rd. and south to Crossfield Ave. Turn west and follow Crossfield to where it ends at Centennial Drive.

Follow Centennial Drive south to turn east on Bath Rd. Both of these roads have marked cycling lanes. From Bath Rd., turn south on Portsmouth Ave. Follow Portsmouth south to King St., and turn west onto King, which becomes Front Rd. Follow Front Rd. west past the Kingston airport to the south entrance to Lemoine Point Conservation Area, and through the cycle path north to parking area trail head, where you started.

NOTES AND CAUTIONS

Start Location: Start from the north parking area at Lemoine Point Conservation Area, near Collins Bay.

Terrain: Gentle rolling hills, on paved roads and a smooth fine gravel path on the K&P Trail and in the conservation area.

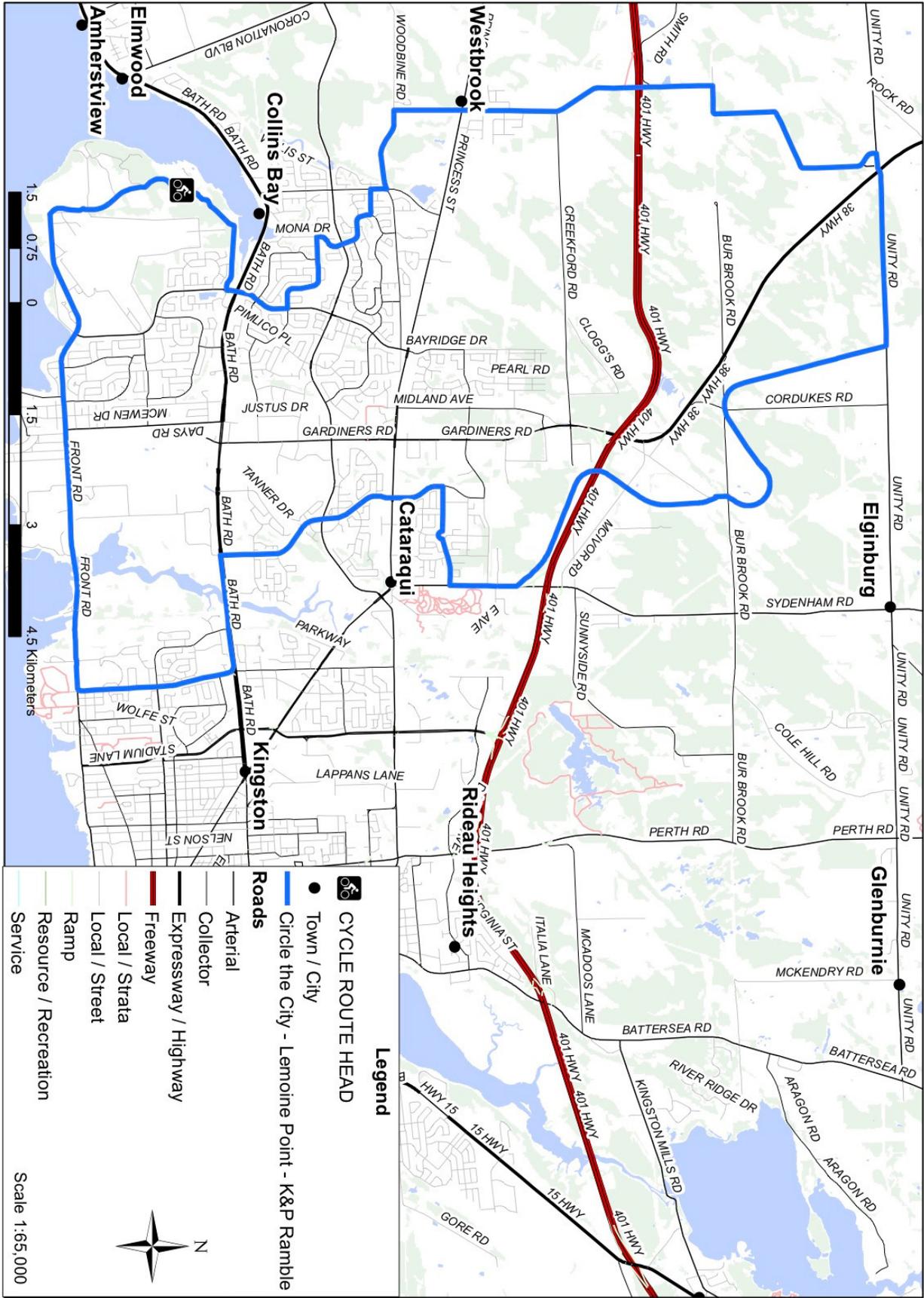
Distance: 43 km

Bike Suitability: This is a route for road, hybrid or touring bikes.

Cautions: Some of the roads have marked bike lanes, but while Unity Road and Front Road do not, traffic is generally light. The K&P Trail is smooth stone dust, but after heavy rains may have runoff channels on some slopes.



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Produced by the FRONTENAC ARCH BIOSPHERE RESERVE Trail System Project. Base Data supplied by Ontario Ministry of Natural Resources Land Information Ontario 2010.

Circle the City - Lemoine Point - K&P Ramble (43 km)

Countryside Cruising and Tours
Bike Route Level

Legend

- CYCLE ROUTE HEAD
- Town / City
- Circle the City - Lemoine Point - K&P Ramble

Roads

- Arterial
- Collector
- Expressway / Highway
- Freeway
- Local / Strata
- Local / Street
- Ramp
- Resource / Recreation
- Service

Scale 1:65,000

Take nothing but pictures, leave nothing but footprints