



Rockport Sideroads Scrabble

FRONTENAC ARCH BIOSPHERE CYCLING TRAIL GUIDE

ROUTE

Not every road is paved, but off the paved roads is sometimes a best view of the terrain of the region. This route explores paths less travelled, meadows, wetlands, forests and fencerows nearer to handlebars.

Start from Rockport, at the Rockport Recreation hall on the north side of the Thousand Islands Parkway. From the parking area, turn right/north up the Escott Rd. – a paved road leading away from the river through farmland. It ends at the hamlet of Escott, and Springfield House – a restored stone-built hotel from 1871, now township owned, and with a library.

Turn right onto County Rd. 2 and in about a kilometer turn left onto the narrow gravel lane Hutchinson Rd., which in 2 km ends at Quabbin Hill Rd., another gravel road. Turn Right, and follow it to County Rd. 4 – onto pavement again. 3 km on is Mallorytown, over the busy double CN Rail tracks. In the village is the Freshmart grocery, with snacks and refreshments. Turn left onto County Rd. 2, and come to the Mallory Coach House museum, and facilities. Do explore!

KEY FACTS

Distance: 72 km

Difficulty: Gently rolling hills

Other key facts: Mix of paved and unpaved roads



ROUTE CONT.

Turn right from County Rd. 2 on County Rd. 5 and follow it south over Hwy. 401 over hills and valleys where it ends at the Thousand Islands Parkway. Turn right onto the recreational cycling path – perhaps stop again at the interpretive centre at Thousand Islands National Park. Then, continue westward nearly 4 km to turn right onto the La Rue Mills Rd.

La Rue Mills Rd. becomes the Old River Rd. – the original road that paralleled the river in this part of the Thousand Islands. Gravel surfaced, it is a forest and country lane, shaded by overhanging trees and sheltered from the winds off the river. Follow it all the way to the part of Rockport on the north side of the Thousand Islands Parkway, and turn left, cross the Parkway and through the east side of the village past the marinas to the waterfront – perhaps for an ice cream at the River Rock Shoppe at Andress Boat Works, or to eat at the Boathouse Restaurant.



Township of
**Leeds and the
Thousand Islands**



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NOTES AND CAUTIONS

Start Location: Rockport Recreation Hall – the old school house, north side of the Thousand Islands Parkway

Terrain: Gently rolling to hilly.

Distance: 72 km

Bike Suitability: Paved and gravel roads - suitable for hybrid, mountain or touring bikes.

Cautions: County roads are lightly trafficked, but narrow and shorter sightlines - be aware of traffic.



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Rockfield Rollick - Brockville West (72 km)



Take nothing but pictures, leave nothing but footprints