



Covid-19 Guidelines for FAB Nature Camps 2020

Based on the Ministry of Health Document "Covid-19 Guidance: Summer Day Camps" Version 1 – June 1, 2020

These guidelines have been incorporated into the Daily Operating Procedures at the FAB Nature Camp Program to support a healthy and safe environment for all Staff, Campers, Volunteers, and Families. We are committed to an open and inclusive environment for all who are involved with our programs and we will respect the needs of our communities.

This document reflects the most current information and guidelines promoted by the Ontario Government and local Health Units and will cover the following topics: Infection Prevention, Physical Distancing, Cohorts, Symptoms, Screening, Management of Suspected Cases, and Testing.

Infection Prevention

- Where possible, equipment and toys will be made of material that can be easily cleaned and disinfected.
- Minimize sharing and frequency of touching objects, toys, equipment and surfaces.
- Bringing personal items outside of the suggested "packing list" will be discouraged.
- All personal items will be labelled and kept in a designated location, to be used only by that individual.
- Clean and disinfect toys, equipment, and commonly touched surfaces a **minimum** of twice per day. Special attention will be paid to doorknobs, light switches, toilet and faucet handles, and tables.
- Cleaning and disinfectant products will have a Drug Identification Number (DIN), expiry dates will be logged, and a procedure for use will be posted on each product.





- Perform and promote frequent, proper hand hygiene. Staff and campers will use water and soap, whenever possible however, an alcohol-based hand rub will be available when this is not possible.
- Specific Tables and buildings will be designated for use by the FAB Nature Camp Program only and signs will be installed to inform the public. These items and spaces will be disinfected before each program and throughout the program, as per our updated cleaning schedule.

Physical Distancing

- Staff will encourage campers, volunteers, parents, and other staff to maintain 2 metres by:
 - spreading out into different areas
 - distancing tables used for activities and meals
 - using visual cues such as signs, posters, and floor markings
 - staggering meal times, activities, washroom, and swim times
 - incorporating more independent exploration and activities that require more space
- Parents/Guardians will not be permitted to get out of their vehicles during drop off and pick up. They will also not be permitted inside the program buildings to collect belongings but will instead ask the staff member responsible for that cohort, to do so for them
- Pick up and drop off times will be scheduled and parents will be asked to park in alternating spaces, to ensure 2 metres of distance between vehicles
- Where physical distancing can not be encouraged, facial coverings will be suggested
- Carpooling will not be encouraged during the 2020 Season



Cohorts of 10

- This will include no more than 7 campers per cohort at Kendrick's Park and Mac Johnson and no more than 8 campers at Landons Bay
- Cohorts of 10 include campers, staff, volunteers, and presenters
- Cohorts consist of individuals who will stay together throughout the 5 day program
- Siblings and/or individuals who reside in the same household, will be offered spots in the same cohort
- *"While close contact may be unavoidable between members of a cohort, physical distancing and general infection prevention and control practices should still be encourage, where possible"* Page 3 of the Ministry of Health Guidelines
- Cohorts will maintain a 2 metre distance between other cohorts and will not be within the same room/space at the same time
- Shared spaces will be disinfected before and after use by each cohort and therefore staff will be following a strict schedule for use of these spaces, including washrooms
- Where possible, each cohort will have designated equipment and resources, for use by only their cohort
- Personal belongings will be limited to: a backpack, 3 water bottles, shoes, towel, sunscreen/bug spray, lunch/snacks, and extra clothing. All personal items must be labelled and kept in the camper's designated bin/hook
- Meals, sun protection, and clothing will not be shared by campers, staff, or volunteers
- Play structures will be off limits during our programs





Screening for COVID-19

- All campers, staff, parents/guardians, and visitors will be screened upon arrival to camp and before entry.
 - Screening includes a question sheet and a daily reading of individuals' temperatures, conducted by a FAB Nature Camp staff member.
 - Thermometers will be "no-touch"
 - Campers and parents/guardians will remain in their vehicle during screening.
- A 2 meter distance will be maintained by the staff conducting the screening and those being screened. Where a 2 meter distance can not be maintained such as when taking an individual's temperature a mask and gloves will be worn by staff and they will take all reasonable measures not to make physical contact.
- Staff conducting the screen will wear a protective mask during screening.
- Sanitizer will be made available to those who have been screened and are entering the Camp. Campers will be encouraged to wash their hands with soap and water, when/where available
- Anyone who is showing symptoms of Covid 19 will not be permitted to attend the program. Signs will be posted to remind participants about the signs and symptoms of Covid 19
- A daily record will be kept to track all participants, staff, and visitors to the program
 - Records will include date, name, contact information, time of arrival/departure, and screening completion

Common symptoms of COVID-19 include

- Fever (temperature of 37.8°C or greater)



- New or worsening cough
- Shortness of breath (dyspnea)
- Sore throat
- Difficulty swallowing
- New olfactory or taste disorder(s)
- Nausea/vomiting, diarrhea, abdominal pain
- Runny nose, or nasal congestion – in absence of underlying reason for these symptoms such as seasonal allergies, post nasal drip, etc.

Managing Participants with Suspected COVID-19

- If a camper starts to show symptoms of COVID 19 during the program, the camper and their belongings will be isolated from other campers in a supervised area
- Parents/Guardians will be contacted by the Program Manager and must be picked up immediately
- Symptomatic campers and the staff working with them will be required to wear facemasks - if tolerated, until the camper is picked up and the local Health Unit are contacted
- The Program Manager must contact the local Public Health Unit, to notify them of the potential case and will receive further direction from them
- The camper will be reminded of hand hygiene and respiratory etiquette while waiting to be picked up
- The space and items used by the camper will be disinfected once they have been picked up and anything that cannot be disinfected such as books, papers, etc will be removed and stored in a sealed container with a label for 7 days
- Campers and/or staff showing symptoms should be tested for



COVID-19 and should take direction from their local Health Unit

- Campers and/or staff who have been exposed to a **confirmed** case of COVID-19 will be excluded from the program for 14 days

Testing for COVID-19

- Symptomatic staff and/or campers should be referred for testing. Testing asymptomatic persons should be performed as directed by the local Health Unit
- Those who test negative for COVID-19 must be excluded from the programs until 24 hours after symptom resolution
- Those who test positive for COVID-19 must be excluded from the program for 14 days after the onset of symptoms and clearance has been given from the Health Unit
- A single confirmed case by the Health Unit is a confirmed COVID-19 outbreak and the camp will receive an outbreak number
- Staff members and camp participants awaiting test results will be excluded from camp



Frontenac Arch Biosphere



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